First Flight Health Centers™

Early Detection Saves Lives

Schedule Your Mammogram Today

About Mammograms

Are you due for a mammogram?

You should talk with your primary care provider about getting a mammogram if you:

- Are a woman age 40 or older
- Haven't had a mammogram within the last year
- Have a family history of breast cancer
- Have a personal history of breast cancer
- Have concerns about changes in your breast health

Myth	Fact
A mammogram is only needed occasionally.	Regular mammograms are important because breast changes can occur within a year.
There isn't a need for a mammogram if there are no symptoms.	Breast cancer can be present even without symptoms.
Mammograms cause breast cancer.	No, low-level radiation or compression doesn't cause or spread breast cancer.
There is no need to have a mammogram because there is no family history.	75%-85% of women diagnosed have no family history.
If something is found, it is breast cancer.	A finding doesn't necessarily mean breast cancer. Sometimes additional imaging is needed to take a closer look.

Know the Signs

Breast lumps • Breast pain • Skin dimpling
Nipple changes • Changes in breast size/shape

Questions?

Contact our Community Health Worker at **(937) 461-4336 ext. 1043**.



Premier Health's mobile mammography unit visits select First Flight Health Centers locations, making breast cancer screenings more convenient for patients.

Frequently Asked Questions

Q: Where can I get a mammogram screening?

A: These hospitals provide mammograms in the Dayton, Ohio region:

Kettering Health - 15 Locations

Call **(937) 299-0099** or scan the QR code to schedule for all locations. Transportation assistance is available if needed.

Premier Health - 9 Locations & Mobile Unit

Call **(937) 499-7364** or toll free at **(855) 838-8973** or scan the QR code to schedule for all locations, including the mobile mammography unit.

Q: Do I need a provider's order to schedule a mammogram?

A: No, you do not. Call one of the above phone numbers, and they will help you through the scheduling process.

Q: What if I can't afford a mammogram?

A: Most insurance companies & Medicaid cover the cost of annual breast screenings. If you don't have insurance, there are resources to help you.

Breast & Cervical Cancer Project (BCCP)

Contact the Breast & Cervical Cancer Project at **+1 (866) 838-8973** or scan the QR code to assist with payment options.

First Flight Health Centers receives HHS funding and has Federal Public Health Service (PHS) deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and its covered individuals.

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