First Flight Health Centers™

Your Mental Health Matters

Our Behavioral Health Team Can Help

Behavioral Health Care at First Flight

At First Flight Health Centers, our Behavioral Health team seeks to help patients manage disruptive symptoms and various life challenges they are facing.

Integrated Model of Care

First Flight medical providers can connect patients to our Behavioral Health team through an internal referral. Talk with your provider about your behavioral health needs and available services.

Our team provides generalized individual counseling, and makes referrals for higher levels of care if needed.

Behavioral Health Services Include:

- Mental Health Assessments
- Crisis Management
- Psychological Assessments
- Individual Counseling
- Individual Counseling with Family Supports
- Managing Anxiety
- Managing Depression
- Coping with Life Stressors
- Trauma & Related Symptoms
- Improving Self-Confidence
- Substance Use Prevention & Treatment
- Behavior Modification
- Help Overcoming Academic Challenges
- Kids Behavioral Issues
- Mood Instability
- Referrals for Higher Levels of Care



Frequently Asked Questions

Q: What is a Behavioral Health Consultant?
A: A Behavioral Health Consultant is a member of your healthcare team who works with your medical provider to support your mental, emotional, and behavioral health needs.

Q: What insurances do you accept?
A: We accept Medicare, Medicaid, and most private insurance plans. We also offer a sliding fee scale program discount for eligible patients.

Q: Does First Flight offer Substance Use Treatment?
A: Yes, we offer Medication-Assisted Treatment (MAT) and Medications for Opioid Use Disorder (MOUS) for Substance Use Disorder (SUD) treatment as part of our integrated behavioral health services.

Q: Does you offer medication management?
A: Yes, our Psychiatric Mental Health Nurse Practitioner (PMHNP) offers medication management services.

Q: Do I need a referral?
A: No, you do not need a referral. Most patients are connected to behavioral health services through an FFHC Medical Provider.

Ready to schedule an appointment?

Call **(937) 461-6869** or visit our website at **FirstFlightHealthCenters.org**

First Flight Health Centers receives HHS funding and has Federal Public Health Service (PHS) deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and its covered individuals.

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